

## WHO IS OUR PROGRAM FOR?

Our program is suitable for anyone over the age of 16 years who has been impacted by addiction.

## HOW CAN I GET STARTED AT CORNERSTONE CONNECTIONS?

We have drop-in services for resource support between the hours of 8:30 am to 3:30 pm. For our counselling services we encourage you to call or email to book a time to discuss how we can help. For 12 step meetings please access our schedule on-line or as posted in our entry way. If you are interested in booking our space for a sober social or a recovery related meeting, please get in touch.



## The 5 Pillars of Cornerstone to Recovery



Pathways



Connections



Residential



Wellness



Social Enterprise

*"Coming together is a beginning; keeping together is progress; working together is success."*  
(Edward Everett Hale)

We opened our doors in 2004 with the intent to provide a place that was safe and productive for those walking the path from addiction to sustainable, community-based recovery. This place for recovery was designed to be collaborative, constructive, and often a home, when we could not be home. In 2018 we changed our name from STEPS to Recovery to Cornerstone to Recovery which reflected our belief that our recovery community serves as collective strength from which we work, we live, and we thrive!

#RiseTogether #CornerstoneToRecovery

570 Steven Court, Unit B Newmarket, ON L3Y 6Z2

Tel 905.762.1551

Fax 905.953.0457

Email [connections@cornerstonetorecovery.com](mailto:connections@cornerstonetorecovery.com)

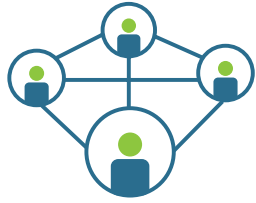
[www.cornerstonetorecovery.com](http://www.cornerstonetorecovery.com)



# Connections



## Community Recovery Resources



## CONNECTIONS

Cornerstone Connections provides a wide variety of recovery-based programs and services through our Recovery Community Centre in Newmarket, ON. Since opening our doors in 2016, we have been home to countless 12 step meetings, helped 100's find employment, provided counselling sessions, hosted numerous Sober Socials and much, much more. Connections is where people in recovery come together in a safe space to access support, sober activities and to be part our recovery community. Come out to see what York Region's first recovery community center has to offer!

## OUR CONNECTIONS TEAM

Team members from Cornerstone Connections come from a variety of educational backgrounds and speciality certificates. The common thread amongst all of our staff lies in the commitment, passion and dedication they bring to making our client experience comfortable and enlightening. Our philosophy of "together in recovery" starts with these amazing folks and is woven throughout our recovery community.

## WHAT SERVICES WILL I FIND AT CONNECTIONS?

At Cornerstone Connections, you can participate in family or individual counselling sessions, attend 12 step meetings, access resources to support your search for employment and housing, and attend sober social events. Our services include:

- Counselling – Individual and Family available on a fee for service basis
- Drop-in Resource Centre – Access to computers and resource supports for community programs
- Outreach Community Agencies – Crisis support, referral and counselling services for agency partners
- Fellowship and Support Groups – Run by Cornerstone and community 12 step groups
- Sober Socials
- Rental Space for Recovery Events

## OUR FACILITIES

- Large meeting areas outfitted with comfortable seating
- Kitchen and Coffee/Beverage Station
- Big screen with cable and large seating area
- Washrooms
- Private counselling and resource rooms
- Pool table
- Computers and access to WIFI
- Friendship, comradery and support

